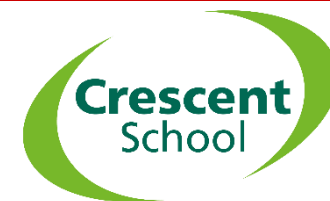




THIS WEEK'S MENU

WEEK COMMENCING
3 SEPTEMBER 2018



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	TURKEY KORMA WITH NAAN BREAD	LAMB MEATBALLS & ARRABIATA SAUCE	ROAST CHICKEN WITH STUFFING AND GRAVY	CAJUN CHICKEN WRAPS WITH GUACAMOLE	OVEN BAKED FISH FINGERS
VEGETARIAN	LENTIL & CAULIFLOWER KORMA	QUINOA, SPINACH & MUSHROOM BALLS	ROAST SQUASH & SWEET POTATO FRITTATA	SPICY VEGETABLE & BEAN WRAPS	GRILLED MAC N' CHEESE BAKE
POTATOES/RICE/PASTA	STEAMED RICE	SPAGHETTI	ROAST POTATOES	SWEET POTATO WEDGES	CHIPS
VEGETABLES	GREEN BEANS	BROCCOLI	CARROTS & PEAS	GREEN SALAD	GARDEN PEAS & MUSHY PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT OR COLD JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	RICE PUDDING WITH BERRY COMPOTE	LEMON & COURGETTE MUFFINS	GERMAN APPLE PUDDING	FRUIT SALAD & ICE CREAM	CHERRY SHORTCAKE